## Bioactive Collagen Peptides® stimulate the body's own collagen metabolism



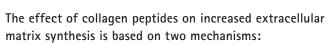


# Collagen – The Body Protein!

Collagen is a major component of the human body. About 30% of our total body protein is collagen. Collagen is crucial for mobile joints, stable bones, healthy muscles, strong ligaments and tendons, smooth skin, glossy hair and healthy finger nails. It is one of the primary structural proteins of connective tissues and also abundant in blood vessels, intervertebral discs, the blood-brain barrier, the cornea, dentin and the intestinal wall – a vital component of our whole body.



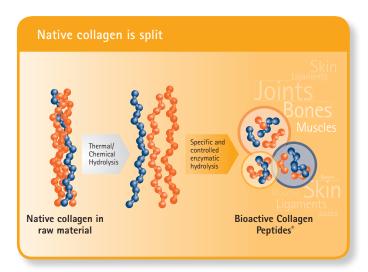
GELITA Bioactive Collagen Peptides® (BCP) are a composition of different specific peptides optimized for specific physiological benefits. The peptides are derived from a highly controlled production process of collagen which is determined by hydrolysation conditions. As a result, GELITA Bioactive Collagen Peptides® differ in physiological functionality. They are optimized to maximize stimulation of the human cell types involved in collagen biosynthesis.

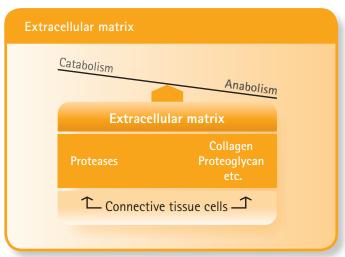


- 1) Supply of typical collagen amino acids as valuable building blocks
- 2) Stimulate cell synthesis

#### Bioactive Collagen Peptides®

Skin Health	Fibroblasts	VERISOL®
Joint Health	Chondrocytes	FORTIGEL®
Bone Health	Osteoblasts/Osteoclasts	FORTIBONE®
Body Toning	Muscle cells	BODYBALANCE®
Ligaments/Tendons	Ligamentocytes/Tendocytes	TENDOFORTE®









## BODYBALANCE® – Improve and maintain fitness and shape

Collagen is an important protein source, providing the nutrients required for the many processes that take place in muscles and cells. Physically active people especially have an increased requirement for protein supply. But elderly populations can also benefit from regular supplementation of protein, because aging is associated with loss of muscle mass and muscle strength along with an increase in body fat.

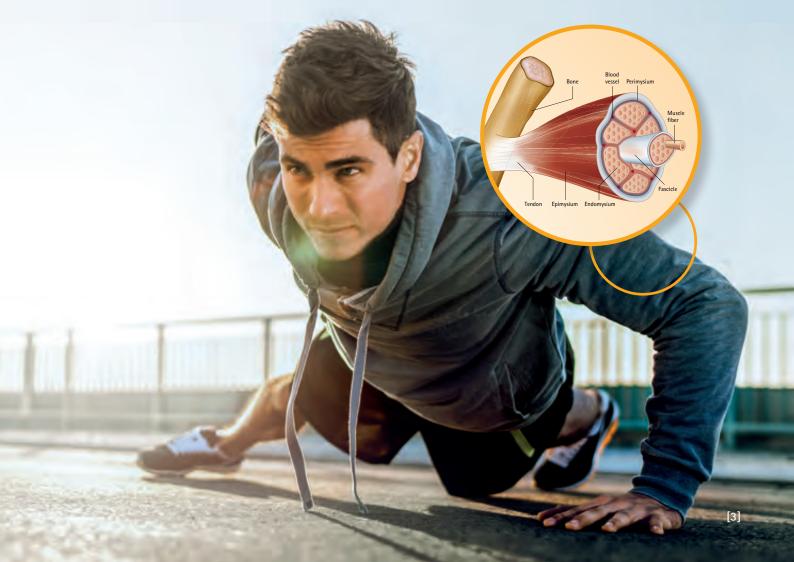
With BODYBALANCE®, GELITA offers specific Bioactive Collagen Peptides® optimized to support body toning and increase of muscle strength in combination with resistance exercise. Protein consumption is one of the most crucial nutritional factors for maintaining muscle mass and muscle function



while aging – specifically after moderate age appropriate exercise. Make the most of it, by using an optimized, highly bioavailable protein source.

Several randomized, placebo-controlled, double-blinded studies showed the potential of BODYBALANCE®. Please ask for detailed information.

- Body toning increasing lean body mass and decreasing body fat
- Improving muscle-fat-balance and body composition
- Maintaining muscle and strength for freedom and independence





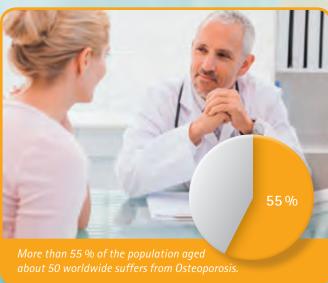
### FORTIBONE® – Healthy aging with strong and stable bones

Bone atrophy, loss of bone density and bone stability is a problem particularly post-menopausal women have to deal with. But not only them. Osteoporosis is a major public health threat for many million citizens over 60-year-old worldwide. To remain strong, bones need more than calcium. Collagen is at least as important to keep the skeletal system healthy.

FORTIBONE®, the specific Bioactive Collagen Peptides® from GELITA stimulates osteoblast to increase production of extracellular bone matrix which is the essential framework for calcium mineralization. In addition FORTIBONE® regulates degenerative processes by reducing protease production in osteoclasts. FORTIBONE® supplies the body with basic components for a strong and stable bone structure. This mechanism supports overall bone density, stability and exibility.

Pre-clinical and clinical research is already showing the positive effect of FORTIBONE® on the bone structure. Several scientific studies are in process – please talk to us.

- Improving bone mass density
- Supporting bone stability and fl xibility
- Stimulating bone matrix formation







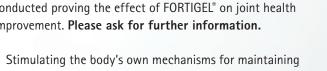
#### FORTIGEL® - Keeps people physically active and mobile

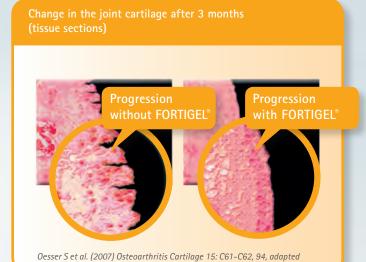
Today, every fourth person suffers from joint problems and the number is constantly increasing. The principal cause is wear and tear of the joint cartilage brought by age, over exercise and stressed joints.

With FORTIGEL®, GELITA offers an innovative ingredient to support joint health and mobility. Optimized specific collagen peptides FORTIGEL® have been shown to stimulate cartilage regeneration.

By keeping people physically active and mobile, FORTIGEL® can improve quality of life. More than 15 studies have been conducted proving the effect of FORTIGEL® on joint health improvement. Please ask for further information.

 Stimulating the body's own mechanisms for maintaining healthy joints and mobility









## VERISOL® – Use the natural power of collagen

Skin properties are known to be affected by endogenous and environmental factors including aging, ultraviolet radiation, hormones and nutrition. Caused by these factors and during the natural aging process, skin loses its firmness, which results in wrinkles and a loss of elasticity. The major structural component of skin is collagen, it represents about 80% of the dry weight of skin.

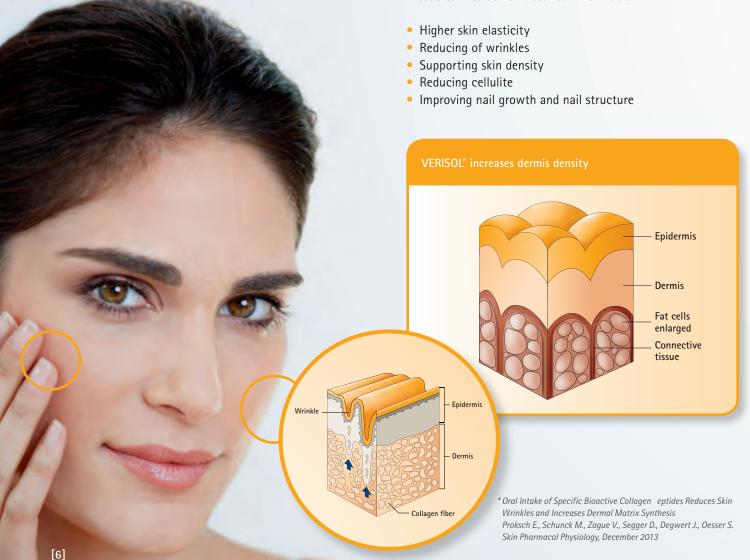
VERISOL® can stimulate skin metabolism and counteract the loss of collagenous extracellular matrix from the inside. Consumers who ingest VERISOL®, the natural Bioactive Collagen Peptides® specially optimized for beauty applications can experience noticeably firmer and smoother skin with fewer wrinkles. The positive effect of VERISOL® also shows





in an improved skin surface structure, reducing cellulite and a faster nail growth with reportedly less chipping of fingernails.

Several scientific RCT experiments (Randomized placebo controlled trials) investigated the potential of VERISOL®. Please talk to us for detailed information.





## TENDOFORTE® – Strengthen ligaments and tendons

Tendons and ligaments deliver a high performance during the span of a human lifetime. Made of collagen fibers, they are the connecting elements between bones respectively between muscles and bones and are crucial for our motion control and mobility. Ageing and straining may restrict their functionality and thus increase the risk of injury. In advanced age, Tendopathy, a degenerative disease of tendons and tendon inserts is a comparatively frequent disease, leading to pain and movement restriction.

TENDOFORTE®, the specific Bioactive Collagen Peptides® from GELITA, is designed to increase health and quality of ligaments and tendons. Research shows that the intake of TENDOFORTE® significantly strengthens tendons and ligaments, especially when combined with physical workout. The risk of injury decreases considerably whereas flexibility improves. Pre-clinical and clinical research is already showing the positive effect of TENDOFORTE® on ligaments and tendons. More scientific studies are in process – please ask for more information.

- Increasing strength of tendons and ligaments
- Improving mobility
- · Reducing risk of injuries



#### GELITA® Collagen Peptides preserve quality of life

- BODYBALANCE® Increasing lean body mass and decreasing body fat
- FORTIBONE® Improving bone stability and fl xibility
- FORTIGEL® Supporting mobility and joint health

 VERISOL® – Increasing elasticity, reducing wrinkles of skin, improving skin surface structure, ease cellulite and promote nail growth



### Make innovative product ideas a reality!

GELITA Bioactive Collagen Peptides® can enhance the most diverse applications, including dairy products, functional foods, dietary supplements, coated tablets and beverages.

Gelita excludes any warranty and/or liability for any and all claims arising from or in relation with statements made in this brochure and/or the positioning of Bioactive Collagen Peptides®, including but not limited to claims based on misleading advertising and/or breach of relevant German and EU legislation. The positioning as well as the packaging, labelling and advertising of the client's products with Bioactive Collagen Peptides® falls solely within the responsibility of the client.

